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**NEW INTERACTIVE RESOURCE**

## **Family-Focused Interventions to Prevent Substance Use Disorders in Adolescence**

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Explore resources from the National Academies of Sciences, Engineering, and Medicine to learn about promising family-focused interventions in primary care settings that can prevent adolescents from developing substance use disorders later in life.

Adolescence is a crucial life stage for intervention, as youth who do not use substances are less likely to suffer from substance use disorders as adults. They are also more likely to graduate from high school and less likely to experience depression and anxiety.

While most funding for substance use disorders is directed toward law enforcement and treatment efforts, funding prevention efforts has the potential to reduce substance abuse throughout life as well as reduce the number of people who require intervention.

Both this resource and a workshop proceedings are the result of a workshop held by the Forum for Children's Well-Being in May 2022 to explore existing efforts to incorporate family-focused interventions to prevent substance use disorder into state health care policies. This workshop also examined barriers to implementing such interventions as well as lessons learned from successful efforts to scale up these interventions.

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## Related Publications



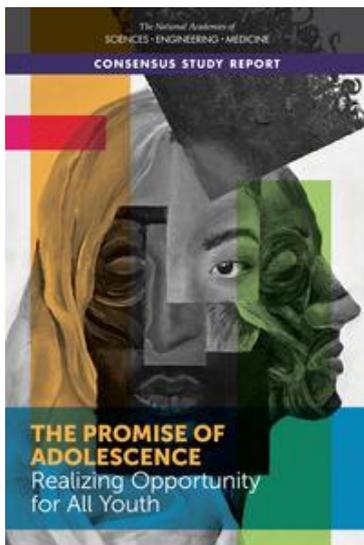
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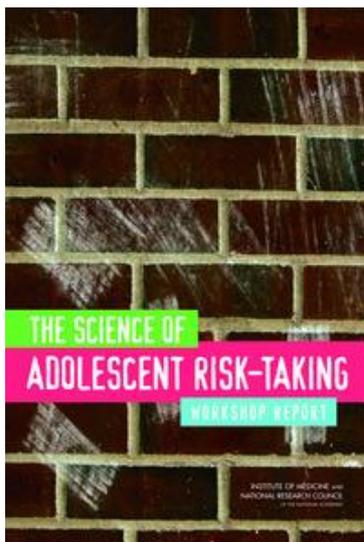
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## [The Science of Adolescent Risk-Taking: Workshop Report](#)

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Adolescence is a time when youth make decisions, both good and bad, that have consequences for the rest of their lives. Some of these decisions put them at risk of lifelong health problems, injury, or death. The Institute of Medicine held three ...

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## [Implementing Evidence-Based Prevention by Communities to Promote Cognitive, Affective, and Behavioral Health in Children: Proceedings of a Workshop-in Brief](#)

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