

CrimeSolutions New Releases

Cognitive Life Skills Uses CBT to Reduce Recidivism

This is a cognitive-behavioral intervention that seeks to reduce recidivism in offenders leaving secure confinement by addressing antisocial attitudes and decision-making.

The program is designed for adult medium- and high-risk offenders.

The program is rated Promising.

Treatment group offenders were statistically significantly less likely to recidivate, compared with control group offenders, during parole supervision.

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